**FROM CRITICAL RACE THEORY (CRt)**

**TO**

**CRITICAL RACE TRUTH (CRT)**

**I PREFER TO USE THE TERM “AFRIKIN AMERIKIN” BECAUSE I EMBRACE THE KINSHIP – BUT FOR THIS REPORT I WILL USE THE TERM “AFRICAN AMERICAN”**



1. **WHO IN BLACK HISTORY DO YOU HAVE A BIRTHDAY WITH?**

Google: African American born on your birthday

1. **WHAT WAS A LANGSTON HUGHES POEM?**

Google: List of Langston Hughes poems

1. **WHAT AFRICAN AMERICAN MAN HAVE YOU TOLD THAT YOU APPRECIATE HIM?**

Go to any Black American Man that you admire, and simply tell him that you appreciate what he means to you!

1. **WHAT BLACK WOMAN HAVE YOU TOLD THAT YOU APPRECIATE HER?**

Go to any Black American Woman that you admire, and simply tell her that you appreciate what she means to you!

1. **WHAT AFRICAN AMERICAN ELDER HAVE YOU CALLED AND TALKED TO?**

Call up or go to an African American elder and just talk to him/her.

1. **WHEN WAS THE LAST TIME YOU COMPLIMENTED A BLACK CHILD/FRIEND?**

Just take a little time to say something nice to a Black friend.

1. **WHO WHERE ROSA PARKS, CLAUDETTE COLVIN, AND ELLA BAKER?**

**ROSA PARKS**

Rosa Louise McCauley Parks was an AMERICAN activist in the civil rights movement best known for her pivotal role in the Montgomery bus boycott.

People say that she didn't give up my seat because she was tired, but that isn't true. She was not tired physically, or no more tired than she usually was at the end of a working day.

She was not old, although some people have an image of her being old then. She was forty-two. No, the only tired she was, was tired of giving in!

**CLAUDETTE COLVIN**

Claudette Colvin is an AMERICAN pioneer of the 1950s civil rights movement and retired nurse aide.

On March 2, 1955, she was arrested at the age of 15 in Montgomery, Alabama, for refusing to give up her seat to a white woman on a crowded, segregated bus.

**ELLA BAKER**

Ella Josephine Baker was an AFRICAN-AMERICAN civil rights and human rights activist.

She was a largely behind-the-scenes organizer whose career spanned more than five decades.

In New York City and the South, she worked alongside some of the most noted civil rights leaders of the 20th century.

1. **WHO WAS AMOS WILSON?**

Amos Nelson Wilson was an African-American theoretical psychologist, social theorist, Pan-African thinker, scholar, author and a professor of psychology at the City University of New York.

1. **WHO WAS HUEY P. NEWTON?**

Huey Percy Newton was an AFRICAN AMERICAN revolutionary and political activist who founded the Black Panther Party. He ran the party as its first leader and crafted its ten-point manifesto with Bobby Seale in 1966.

1. **WHAT WAS THE BLACK PANTHER PARTY TEN-POINT MANIFESTO?**
2. We Want Freedom. We Want Power To Determine The Destiny Of Our Black Community.
3. We Want Full Employment For Our People.
4. We Want An End To The Robbery By The Capitalists Of Our Black Community.
5. We Want Decent Housing Fit For The Shelter Of Human Beings.
6. We Want Education For Our People That Exposes The True Nature Of This Decadent American Society. We Want Education That Teaches Us Our True History And Our Role In The Present-Day Society.
7. We Want All Black Men To Be Exempt From Military Service.
8. We Want An Immediate End To Police Brutality And Murder Of Black People.
9. We Want Freedom For All Black Men Held In Federal, State, County And City Prisons And Jails.
10. We Want All Black People When Brought To Trial To Be Tried In Court By A Jury Of Their Peer Group Or People From Their Black Communities, As Defined By The Constitution Of The United States.
11. We Want Land, Bread, Housing, Education, Clothing, Justice And Peace.
12. **A LIST OF AFRICAN AMERICA MUSIC GROUPS IN THE 90’S**

* 112
* Boyz II Men
* En Vogue
* Xscape
* Blackstreet
* Dru Hill
* Jagged Edge
* Jodeci
* Shai
* TLC
* For real
* Jade
* Silk
* SWV

1. **A LIST SOME AFRICAN PROVERBS**

* A Woman Holds the Knife at the Sharp End
* There Is No Beauty But the Beauty of Action
* A Tree Is Bent While It Is Still Wet
* A Chattering Bird Builds No Nest
* Hands Wash Each Other
* A Person Is a Person Because of Other People
* You Strike a Woman, You Strike a Rock
* The Child Who Is Not Embraced by the Village Will Burn It Down to Feel Its Warmth

<https://www.globalcitizen.org/en/content/africa-proverbs-global-citizens-action-end-poverty/>

1. **WHAT WAS THE UNITED NEGRO LEAGUE OF MISSISSIPPI?**

United League (social organization). The United League was an African American social movement in Northern Mississippi established in 1978, during the height of Ku Klux Klan activity in America.

The United League's president and founder, Alfred ‘Skip’ Robinson, was moved to act against Klan activity and police brutality in the turbulent American South.

1. **WHAT IS MISSISSIPPI VALLEY STATE UNIVERSITY?**

Mississippi Valley State University is a public Historically Black University/College (HBCU) located in Mississippi Valley State, Mississippi, adjacent to Itta Bena, Mississippi. MVSU is a member-school of the Thurgood Marshall College Fund.

The institution, which opened in 1950, was created by the Mississippi Legislature as Mississippi Vocational College.

1. **TALK A LITTLE ABOUT SOUL FOOD, AND THE LAST TIME YOU HAD SOME?**

Soul food is the ethnic cuisine of African-Americans. It originated in the American South from the cuisines of enslaved Africans trafficked to the North American colonies through the Atlantic slave trade during the Antebellum period and is closely associated with the cuisine of the American South.

**CONTINUE TO CELEBRATE BLACK HISTORY NOT JUST THROUGH THE MONTH OF FEBRUARY – BUT ALL MONTHS AND DAYS OF THE YEAR!**

**FEEL FREE TO PASS THIS ON!**